

# EADC Resident and Research Fellow Section (RRFS)

## Exchange through internship programs

Name and location EADC hosting center

**Centre for Age-Related Disorders , Stavanger University Hospital**

Link to center's website

<https://www.helse-stavanger.no/en/english/avdelinger/klinikk-psykisk-helsevern-voksne/avdeling-alderspsykiatri/sesam/>

PI of the EADC hosting center

Prof. Dr. Dag Aarsland

Contact person of the EADC hosting center

*Give full coordinates of the person that can be contacted by the RRFS member for additional information*

Name: Audun Vik-Mo, Head of Medicine, Old Age Psychiatry

Email: viau@sus.no

Description of the center

*Give a full description of main clinical and research activities*

This centre, SESAM, is embedded within Stavanger University Hospital. It includes > 30 staff members, mostly researchers, multidisciplinary, including psychiatrists and geriatricians, both junior and more senior clinical academics. The research is broad, within clinical translational dementia research, with biomarkers and clinical trials as the main activities. In addition to Alzheimer's disease, a main focus is dementia with Lewy bodies. We currently also run delirium studies, blood-based biomarker studies, and have an interest in frailty, sarcopenia and dementia prevention, and are proud to represent the Norwegian FINGER centre. Our biomarker work includes bloods, CSF, structural and functional imaging, and EEG.

Internship program

Program: KlinBeForsk – Clinical intervention studies

Optimal duration of the internship: 4 weeks

SESAM host several interventions studies such as investigator initiated medical trials, (Ambroxol for DLB, fasudil/phenserine for Alzheimer's disease, ketamin for old age depression) and industry trials. We also have nutraceutical trials and activity interventions. Clinical internship candidates will take part in baseline and follow-up examinations.

Internship researchers working on trials, frailty, EEG, biomarkers (clinical validity), CSF-studies and psychometrics are especially welcome, but we can facilitate for imaging and other fields of interest. We have data from DemVest study (200 patients followed annually from diagnosis until death) with neuropathological diagnostics and wide range of test. We offer an in-clinic scientific environment (psychiatrists, geriatricians, GPs and neurologists) and urge researcher get in contact for more information and preferably build collaborations.